

PHC SEMINAR SERIES PRESENTS:
SHOULD I STAY OR SHOULD I GO?

(MAKING A SUCCESSFUL TRANSITION TO AN ADULT LIVING COMMUNITY)

JANUARY 13, 2016 @ 5:30 PM

HANDMAKER OF TUCSON

2221 N. ROSEMONT BLVD

(GO TO NORTH ENTRANCE & FOLLOW THE BALLOONS TO THE GREAT ROOM)

BEVERAGES & APPETIZERS WILL BE PROVIDED COMPLIMENTS OF HANDMAKER

RSVP 520 - 547-1661

NON-PHC MEMBERS ARE WELCOME TO ATTEND



Deciding that it is time to leave your home and transition to some type of adult living community is one of the most difficult decisions one makes in their life. Factors that determine the success of this process involve maintaining your independence by taking charge of the process, determining what your priorities are, keeping an eye to your future needs, and doing the research to find the right location. This seminar will address these topics from the viewpoint of Tiny Read, a professional who helps to guide people through this process, and from the viewpoint of three individuals who are patients of Dr. Wool's, Gene Hameroff, Gerry Sapin and Sonya Sapin. Gene, Gerry and Sonya made the move successfully, but learned a lot about the pitfalls to be avoided in the process. They will share with you the things they did right, as well as some of the things they felt they could have done better.

Lucy Read, also known to her friends by her nickname "Tiny" has worked in nursing, human service and management positions during her career. She has been a guest speaker, team-builder, trainer and workshop facilitator for many non-profit groups, government agencies and professional association. She is a passionate educator and advocate for seniors facing decisions about aging-in-place arrangements, moving to senior living communities, memory care, hospice, etc. In 2007 Tiny founded the Sunrise Neighborhood Assistance Program (SNAP), a non-profit, aging-in-place program for seniors, and continues to serve as the Program Coordinator. In addition, she is a Community Mobilizer for the ELDER Alliance through Jewish Family and Children's Services and United Way of Arizona.

